



# **COVID-19 & COMMUNITY RULES**



- 1. All Provincial and City guidelines for COVID-19 to be followed.**
- 2. Divisions of 4 sides (12 players per side, equating to 48 players per division).**
- 3. Once teams are set, no one else can come in, or swap from other cohorts(groups).**
- 4. The main priority is still social distancing. All players either playing or watching game to maintain 6 feet distance.**
- 5. Batsman at the bowler's end to stand wide of the pitch on the opposite side the bowler is coming in.**
  - a. Make sure batsman run wide on opposite ends to the wicket.**
  - b. NO SHARING EQUIPMENT.**
  - c. NO CELEBRATING CONGREGATING AFTER WICKETS (NO HIGH FIVES).**
  - d. NO SHAKING HANDS (HIGH ELBOWS ARE COMMON ALTERNATIVE)**
  - e. BATTING TEAM SHOULD PRACTICE SOCIAL DISTANCING WHILE WAITING TO GO IN.**
  - f. MAKE SURE THERE IS HAND SANITIZER AVAILABLE FOR PLAYERS TO KEEP HANDS CLEAN.**
- 6. Refrain from use spit on the ball.**
- 7. Monitor for COVID-19 symptoms: fever, cough, shortness of breath, sore throat, runny nose etc... stay home and self isolate.**
- 8. Practice good hygiene, wash hands often, cover coughs and sneezes, avoid touching your face.**
- 9. Each captain is responsible to go through AHS self assessment screening questions with his team prior to every game.**



# CALGARY 20/20 CRICKET ASSOCIATION

## INFORMED CONSENT AND LIABILITY RELEASE

### ACKNOWLEDGMENT AND ASSUMPTION OF POTENTIAL RISK

Name: \_\_\_\_\_ M / F D.O.B: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Sport / Activity: CRICKET Team: \_\_\_\_\_

I understand and acknowledge that sport / athletic activities, by their very nature, pose the potential risk of serious injury and/or illness to the individuals who participate in such sport / athletic events or activities.

This sport / athletic event or activity, by its very nature, poses some inherent risk of a participant being seriously injured. These injuries could include, but are not limited to, the following:

- Sprains and strains
- Fractured bones
- Lacerations, abrasions, and avulsions
- Unconsciousness
- Paralysis
- Disfigurement
- Head Injuries
- Loss of Eye Sight
- Death

I understand and acknowledge that participation in sport / athletic events or activities is completely elective and voluntary.

I understand that all participants are to abide by and accept all rules and requirements governing conduct and safety in the sport / athletic event or activity. Any participant determined to be in violation of behavior standards may be removed from this sport/athletic event or activity.

I understand and acknowledge that in order to participate in these activities; I agree to assume liability and responsibility for any and all potential risks that may be associated with participation in sport/athletic events or activities.

I agree to, and do hereby release and hold the ASSOCIATION and its officers, agents, employees and/or volunteers harmless for any and all claims; demands; causes of action; liability; damages; expenses; or loss of any sort, including bodily injury or death; because of or arising out of acts or omissions with respect to the sport/athletic event or activity.

I acknowledge that I have carefully read this "Voluntary Sports/Athletic Event or Activity, Informed Consent and Liability release, Acknowledgment and Assumption of Potential Risk" form and that I understand and agree to its terms.

Signature \_\_\_\_\_

Date \_\_\_\_\_